

# Training Syllabus

- HOPE module
  - The Process of Change that brings Hope
  - Definition and Goal of Biblical Counseling
  - Biblical Counseling and Counseling Theories
  - What does the Church have to do with Biblical Counseling?
  - Hope Through Forgiveness
  - Hope Through Dealing with Guilt
  - Hope in Trials and Suffering
  - Physical Illness and Biblical Counseling
  - Depression and Biblical Counseling
  
- HEART module
  - How Biblical Counselors Think about Growth
  - Qualifications of a Biblical Counselor
  - Methodology: Key Elements in Helping Hurting Hearts Part 1 Know
  - Methodology: Key Elements in Helping Hurting Hearts Part 2 Love
  - Methodology: Key Elements in Helping Hurting Hearts Part 3 Speak
  - Methodology: Key Elements in Helping Hurting Hearts Part 4 Do
  - Heart Issues in Biblical Counseling
    - The “Addicted” Heart and Biblical Counseling
    - The Heart of Fear and Worry
    - Biblically Counseling those in Sexual Sin
  
- HOME module
  - Biblical Goals for Marriage
  - Communication
  - Biblical Counseling Regarding the Role of a Husband
  - Biblical Counseling Regarding the Role of a Wife
  - Biblical Sexuality
    - God's Goals for Parents
  - Discipleship Strategies for Training Children
  - Biblically Counseling the Parents of Teens
  - Biblical Counseling and Physical Abuse
  - Biblically Counseling Those with a Heart of Anger