

Bethel Counseling Ministry

A Biblical Counseling Ministry

P.D.I. (Personal Data Inventory) The information you provide is confidential

Name _____ Date of Birth _____ Sex _____
Address _____ City _____ State _____ Zip _____
Home Phone _____ Cell _____ Business Phone _____
Email Address _____ Education: (last year completed) _____
Employer _____ Position _____ #Years. _____
Emergency contact person (friend/relative): Name: _____ Phone _____

PHYSICAL HEALTH

Rate your health: Excellent Good Fair Poor List important illnesses, injuries, or disabilities _____

Have you ever used drugs for other than medical purposes? _____ If yes, please explain _____

Do you drink alcoholic beverages? _____ If so, how frequently? _____ and how much? _____
Have you ever had a severe emotional upset? _____ If yes, explain _____

Have you ever had suicidal thoughts or attempted suicide? _____ If yes, explain when and circumstances: _____

What medications are you presently taking? _____

SPIRITUAL HEALTH

What sins (if any) have you / are you struggling to overcome?

PAST

PRESENT

What sins (if any) have others committed against you that you are now struggling to overcome?

PAST

PRESENT

Denominational preference: _____ Church currently attending: _____ Member? Y or N

Do you believe in God? _____ Do you pray? _____ Would you say you are a Christian? Y or N or Uncertain

Do you believe Satan exists? Y or N or Uncertain

How often do you read the Bible? Never_ Occasionally_ Often_ Daily_

Explain any recent changes in your religious life. _____

What else should we know about you? _____

MARRIAGE & FAMILY RELATIONSHIPS

Marital Status/Circle One: Single _ Steady Dating _ Engaged _ Married _ Separated _ Divorced _ Widowed
 Spouse's Name: _____ Birth Date _____
 Age _____ Occupation _____ How Long Employed _____ Cell: _____
 Date of marriage _____ Length of dating _____
 Give a brief statement of circumstances of meeting and dating _____

Have either of you been previously married? ____ If yes, explain: _____
 Date of previous marriages _____ Date marriages ended _____

Information about Children: Name	Age	Sex	Living?	Grade in School	Step Child?
			Y or N		Y or N
			Y or N		Y or N
			Y or N		Y or N
			Y or N		Y or N

Describe relationship with father _____
 Describe relationship with your mother _____
 Number of siblings ____ Your sibling order ____ Did you live with anyone other than parents (if so, who?) ____
 Are your parents living? _____ Do they live locally? _____

What kind of home did you grow up in? (Check any of these that apply)

- ___ **Traditional** (Father, Mother, Children)
- ___ **Divorced** With whom did you live? _____ Mom; _____ Dad; Other _____
- ___ **Step-family** Which parents remarried? ; did you have to live with step-brothers or step-sisters? _____
- ___ **Authoritarian** Father or Mother made all the rules without discussion. Would not allow other opinions.
- ___ **Substance Affected** _____ Alcohol; _____ Cocaine; _____ Heroin; _____ Marijuana; Other _____,
- ___ **Religious** _____ In name only; _____ Strict; _____ Hypocritical; _____ Happy Experience
- ___ **Affectionate** _____ Demonstrated with hugs, kisses, etc.; _____ Affection present but not openly demonstrated
- ___ **Perfectionist** Everything had to be done just right to please _____ Mom; _____ Dad; _____ Both
- ___ **Emotional** Expressed: _____ Crying allowed but controlled; _____ Anger, screaming allowed
 (Repressed: _____ Not shown; _____ Parents showed emotion, but not allowed in kids)
- ___ **Critical** Parents remarked only about the negatives. Not much praise for good things
- ___ **Abusive** _____ Physically; _____ Emotionally; _____ Sexually _____ Other

PROBLEM CHECK LIST

- | | | | |
|-------------------------------|-------------------|---------------------|------------------------|
| _____ Addiction (drunkenness) | _____ Fear | _____ Homosexuality | _____ Sex |
| _____ Anger | _____ Finances | _____ Hurts | _____ Sleep |
| _____ Bitterness | _____ Forgiveness | _____ In-laws | _____ Spousal Abuse |
| _____ Children | _____ Guilt | _____ Rebellion | _____ Suicidal Thought |
| _____ Depression (sadness) | _____ Health | _____ Religious | _____ Other |

Please describe in a nut shell what you believe the problem is _____

Besides coming for discipleship, please describe what else you have tried to do in addressing this/these issues _____

What are your expectations in coming here for discipleship? _____

BIBLICAL COUNSELEE CONSENT FORM

Who We Are and Who We Are Not

Bethel Counseling Ministries, is a biblical discipleship, biblical reconciliation, pastoral counseling, and biblical counseling ministry under the authority of the local church and is DIFFERENT from any organization having licensed therapists, psychological professionals, psychiatrists, medical practitioners, or licensed professional counselors. No representation has been made, either expressly or implied, that the discipleship and biblical counseling received is psychological, psychiatric, or therapeutic in nature. Therefore, we encourage you to take notes during our meetings as we are a spiritual, biblically-based, Christ-centered ministry that will only keep minimal written documentation of your meetings with us. We do not record notes during our meetings with you because we are a discipleship ministry concerned with your growth in Christ. We do not write letters for legal matters nor do we appear in any legal proceedings related to any matters discussed during your meetings with our lay biblical ministers and biblical counselors. We are ALL lay persons and not "professional, licensed, or psychologically-trained" counselors or practitioners. We do not charge any fees for the biblical counsel we provide to you.

Do you understand the above statements about Who We Are at B.C.M. and Who We Are Not?

Your Initials

B.C.M.Initials

Why Our Ministry Exists

Our ministry exists to share biblical wisdom, knowledge, principles, and practical applications on how to glorify God with your life and how to help, serve, and think of others more than yourself. We desire to glorify God and to help you and those we are privileged to serve through this biblical ministry under the authority of the local church. If you do not know the Lord Jesus Christ as your Lord and Savior, we will evangelistically share the Gospel with you because it is the "Good News" for this life and the eternal life to come. For God's glory, we offer this ministry to everyone free of charge!

Do you understand the above statements about Why Our Ministry Exists?

Your Initials

B.C.M.Initials

- Certain statements may not be protected as privileged communications under federal and state laws. I am also aware that the discipler and biblical counselor may need to intervene if he or she suspects that any child under the age of 18 or an elder over age 65 is currently endangered by abuse or is a danger to oneself or to others.
- I agree that any dispute with a discipler, biblical counselor, or with B.C.M. arising from or related to biblical discipleship and/or biblical counseling will be settled by mediation and, if necessary, legally binding arbitration in accordance with the Rules of Procedure of the Institute for Christian Conciliation, a division of Peacemaker Ministries.
- I also agree not to subpoena or require any discipler and/or biblical counselor to appear in any legal proceeding related to any matters discussed during counseling; nor will I attempt to subpoena any notes or records related to this discipleship and biblical counseling process.
- Furthermore, I release B.C.M., its agents, disciplers, biblical counselors, employees, and volunteers from any liability or claim arising from the counselee's participation in the above mentioned Biblical Counseling and Discipleship program.
- I understand that I am free to cease and/or leave the discipleship and biblical counseling relationship voluntarily at any time. I am also aware of my right to ask for clarification of any part of this statement of understanding.

By signing below, you are giving us your consent to meet with us for biblical discipleship, biblical counseling, biblical coaching, and biblical mentoring.

I agree with all of the above on all pages of this document and hereby willingly consent to receive biblical discipleship and biblical counseling with Bethel Counseling Ministries.

Disciple/Counselee Signature

Date

Bethel Counseling Ministry Representative Signature

Date

(Lines below are only necessary if child under 18 is involved in B.C.M Ministries)

Child's Name (please PRINT clearly)

Date

Guardian's Signature of consent
(only used if a child is the disciple/counselee)

Date

BIBLICAL COUNSELEE AGREEMENT

Bethel Counseling Ministries Philosophy

Bethel Counseling Ministries is committed to evangelizing unbelievers and encouraging believers to change by becoming more like Christ in the midst of the problems they are facing (I Cor.15:49, Rom.12:2) by providing biblically-based discipleship (Matt. 28:18-20). Within that framework of discipleship, B.C.M. offers biblical counseling, biblical coaching, and biblical mentoring based upon the following presuppositions:

1. The God of the Bible is the sovereign Creator of the universe and is one God in three Persons. (Gen 1; Deut. 6:4; Matt. 5:48; John 1)
2. Regeneration by the Holy Spirit, or being born again, is a prerequisite for biblical change and obedience on the part of the disciple/counselee we serve. (Jn 3:3/14:15-17; Acts 1:8; I Cor. 4:20)
3. Man was created in God's image as a responsible being. (Gen. 1:27)
4. Sin (thinking or acting independently of God) results in both temporal and eternal misery. (I Cor.15:21-22; Rev. 21:8) Apart from organically-caused factors, all of man's voluntary thought and behavior is moral, for which man is responsible before God and neighbor. (Rom 1:18-23)
5. The Bible is the only complete and authoritative textbook which was written specifically to provide both the answers to man's behavioral problems and the means for man's behavioral changes. (II Tim.3:16-17; II Peter1:3-4)
6. Every functional behavioral problem which man experiences is a result of failure to love God or man or both as the Bible says he should. (Proverbs 1:29-33)
7. The only behavioral changes in man which are pleasing to God and are ultimately beneficial to man are those which are effected by means of the Holy Spirit applying the Word of God in sanctifying power to the will and mind of the disciple/counselee in accordance with biblical methods and directives. (Phil 2:12-13)
8. All methodology grows out of biblical principles and practices. (II Tim. 3:16-17; II Pet 1:3-4; II Pet 1:20-21)
9. Discipleship requires and includes church discipline where that is biblically necessary. Thus, discipleship and biblical counseling should ultimately be done under the authority of local church. (Matt 18:15-20)
10. God requires and equips all believers to "go and make disciples" (Matt. 28:19-20). Additionally, God holds the officers of His church responsible to counsel as a part of their life calling. (Rom. 15:14)

BETHEL COUNSELING DISCIPLESHIP POLICY

CONSENT:

Prior to starting the discipleship process, you will be required to read and sign this agreement as your consent to receive biblical discipleship, mentoring, coaching, and biblical counsel from Bethel Counseling Ministries staff and volunteers. We ask that you fill out a P.D.I. (Personal Data Inventory).

LOCAL CHURCH INVOLVEMENT:

In order to achieve lasting biblical change in the midst of the problems of life, it is vital that you become established in a consistent Christian walk. The Lord has provided the local church to assist you in this process. If you are not *consistently* involved in a local church, we will strongly encourage you to attend at least one service a week at the church location of your choice. As we have previously stated, if you are part of a local church on a *consistent* basis, the assistance of your church's leadership is requested so that you may more fully receive the benefit of all the spiritual resources given to you by God. *Your disciplers and biblical counselors reserve the right to evaluate a continuing counseling relationship with you on the basis of your commitment to faithfully attend your local church services at least once per week.*

COST:

Bethel Counseling Ministry has a team approach to discipleship -- meaning at least two staff persons and / or volunteers will assist you in your spiritual journey of following Christ.

Material / Resource Fee:

A \$25 materials fee will help to cover resource materials needed for you during your initial counseling time. A check made payable to Bethel Counseling Ministry or \$25 cash is due at the start of your first actual session. This fee is not tax deductible.

Donations:

Donations made to Bethel Counseling Ministry will help us to offer others the same hope and help found in Jesus Christ. Any donation amount given is tax deductible. If you decide to give to BCM please make your check payable to: Bethel Baptist Church.

CREDENTIALS AND TRAINING OF B.C.M.'S STAFF AND VOLUNTEERS:

Our team approach to ministry is unique. Because of our commitment to training and multiplication, disciplers, biblical counselors, coaches, mentors, lay persons in training, volunteers, and/or seminary interns may observe and participate in your counseling and discipleship meetings. B.C.M. disciplers and biblical counselors have been trained in the basics of biblical discipleship and biblical counseling and are not "licensed professional counselors," psychiatrists, or psychologically-trained. Therefore, the discipleship principles and biblical counsel you receive will not be psychological in nature but will be biblically-based.

TELEPHONE DISCIPLESHIP AND BIBLICAL COUNSELING:

B.C.M.'s phone lines are manned for the purpose of scheduling appointments and gathering initial data from you in order to place you with the appropriate staff and volunteers of B.C.M. Your biblical discipler will not normally be available for telephone discipleship and biblical counseling due to their scheduled appointments and family commitments. If you have an emergency, please call 911, seek professional help, or talk with the pastoral staff of the church where you are a member. Please do not be discouraged if a B.C.M. staff discipler does not call you back on the same day. Thank you for your understanding in this area.

HOMEWORK:

Homework is a very important part of your process of growth. Homework is somewhat unique to discipleship and biblical counseling, and it is one of the reasons why this type of discipleship is so effective. Completion of homework continues the discipleship process between meetings and teaches you how to find your own help for the future. Therefore, at times, you may be required to spend three to four hours per week on homework. When done consistently, the work you do at home will result in more effective and deeper spiritual growth and a greater dependence upon the power of the Lord Jesus Christ and the Holy Spirit's work within you, rather than the person discipling you. Homework can include reading material, cassette tapes, lists/logs, Bible studies, as well as practical assignments such as practicing techniques of communication or holding family devotions and conferences. Your homework will be designed and tailored to meet your specific spiritual growth needs. If Bethel Counseling Ministry does not have a particular resource freely available to you, then you are responsible for purchasing agreed upon homework materials. *The continuation of your biblical counseling and discipleship will depend upon your effort and commitment to complete the assigned tasks.* By signing below, I understand and agree with all of the above on all pages of this document and hereby willingly consent to receive biblical discipleship and biblical counseling with Bethel Counseling Ministries.

Disciple/Counselee Signature

Date

Bethel Counseling Ministry Representative's Signature
(Lines below are only necessary if child under 18 is involved in BCM Ministries)

Date

Guardian (only used if a child is the disciple/counselee)

Date